

# COMMUNITY EDUCATION

## VERDE SUMMER 2025 COURSE OFFERINGS

**For registration, inquiries and  
complete course information:**



YC.EDU/CEVS



[928] 634-6537



COMMEDSVV@YC.EDU

*Yavapai*  
COLLEGE

## JUNE 2025 SUMMER COURSES

### ■ Zumba

VCE-SU25-104 ■ Mon/Wed ■ 6/2/2025 - 6/25/2025

Verde I-137 ■ 10:00am - 11:30am

Join our exhilarating Zumba Fitness program that blends world rhythm with easy-to-follow dance choreography and aerobics for a total body workout. This fun and energetic class caters to all ages and fitness levels.

**Danielle Dodds-Stewart ■ \$139**

### ■ Landscapes with Acrylics

VCE-SU25-108 ■ Mon ■ 6/2/2025 - 6/30/2025

Verde G-107 ■ 10:30am - 12:30pm

Students will become familiar with basic materials, equipment and develop an understanding of acrylic techniques. You will increasingly learn advanced techniques. Lessons will include the use of mixing colors, arranging the palette, prepping the canvas, and starting the painting with a sketch. The class will learn about the materials, including brushes, brush care, and canvas versus other surfaces. There will be discussions around composition, what makes a piece compelling, and what makes a piece boring. The class will do sketching, focusing on composition, and values to create a foundation for a great painting. Students will purchase own materials. A supply list will be provided by the instructor.

**Art Gecko ■ \$107**

### ■ Tai Chi Chih

VCE-SU25-101 ■ Tues/Thurs ■ 6/3/2025 - 6/26/2025

Verde I-137 ■ 10:00am - 11:00am

T'ai Chi Chih, often referred to as "joy through movement" or "moving meditation," is a simple practice. It can bring benefits into your life, such as increased energy, improved balance, vitality, improved health among others. Regular practice promotes well-being, relaxation, and serenity in the midst of activity, while nurturing a deep sense of you and contentment in the present moment. You'll enjoy this gentle, contemplative workout with Janet Batchelder, easily one of our most popular instructors. Wear comfortable clothing and non-slip shoes.

**Janet Batchelder ■ \$92**

### ■ Yoga & Meditation

VCE-SU25-106 ■ Wed ■ 6/4/2025 - 6/25/2025

Verde I-137 ■ 8:30am - 9:30am

Whether you are new to yoga and meditation, or looking to expand your current practice, this class is for you! Yoga and meditation are proven to positively affect physical health, mental health, and mood. Practicing together offers social connection and FUN... especially with this longtime teacher. She will guide you through a variety of breathing practices, fundamental postures, gentle flows, relaxation, and meditation techniques designed to support your well-being. Foundational yoga and meditation concepts will be thoughtfully woven through each class. Appropriate for all levels. Wear comfortable clothing. Please bring your yoga mat and a bath or beach towel.

**Lisa Jachowicz ■ \$86**

### ■ Figure Drawing

VCE-SU25-110 ■ Thurs ■ 6/5/2025 - 7/3/2025

Verde H-105 ■ 6:00pm - 8:00pm

This is a foundation figure drawing class featuring drawing mechanics from the fundamentals to the most advanced techniques. We will emphasize and cover key drawing concepts such as the description of form, gesture, line of action, structure, anatomy dynamics and the figure as story. We'll discuss observing and organizing form, procedures and approaches, the understanding and description of difficult poses with basic theories of modeling form, and analysis of the old masters - composition, design and drawing techniques. Emphasis on: description of form, gesture, structure, anatomy dynamics, and the figure as story. Students should purchase vine charcoal, pressed charcoal, conte and smooth newsprint paper.

**Leo Beltran ■ \$125**

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## JULY 2025 SUMMER COURSES

### ■ Zumba

VCE-SU25-105 ■ Mon/Wed ■ 6/30/2025 - 7/30/2025  
Verde I -137 ■ 10:00am - 11:30am

Join our exhilarating Zumba Fitness program that blends world rhythm with easy-to-follow dance choreography and aerobics for a total body workout. This fun and energetic class caters to all ages and fitness levels.

**Danielle Dodds-Stewart ■ \$149**

### ■ Let's Make Comics!

VCE-SU25-107 ■ Mon/Wed ■ 6/30/2025 - 7/23/2025  
Verde G-102 ■ 10am - 11:30am

Be the next Dav Pilkey [Captain Underpants], Chris Giarrusso [G-Man], or Stan Lee [X-Men] in your neighborhood! In this immersive class, students will work with Arizona Cartoonist Jan Marc "The Janimal" Quisumbing in creating their own characters and comic books. Learn about story structure, and character design. All drawing skills and writing skills welcome. Bring your own supplies or follow along with the course syllabus. Class will be taught traditionally without the aid of computers.

**Jan Quisumbing ■ \$125**

### ■ Tai Chi Chih

VCE-SU25-102 ■ Tues/Thurs ■ 7/1/2025 - 7/29/2025  
Verde I-137 ■ 10:00am - 11:00am

T'ai Chi Chih, often referred to as "joy through movement" or "moving meditation," is a simple practice. It can bring benefits into your life, such as increased energy, improved balance, vitality, improved health among others. Regular practice promotes well-being, relaxation, and serenity in the midst of activity, while nurturing a deep sense of you and contentment in the present moment. You'll enjoy this gentle, contemplative workout with Janet Batchelder, easily one of our most popular instructors. Wear comfortable clothing and non-slip shoes.

**Janet Batchelder ■ \$102**

### ■ Floral Watercolors

VCE-SU25-109 ■ Thurs ■ 7/3/2025 - 7/31/2025  
Verde G-107 ■ 10:30am - 12:30pm

Explore the beauty of flowers using watercolors. We will paint unique, and stunning flowers each week, using the delicate, and sensitive media of watercolor painting. Each session students will paint gorgeous flowers, some exotic, some more common, but all beautiful. Students should have a basic understanding of watercolor painting, including materials, and application techniques.

**Art Gecko ■ \$107**

### ■ Healing the Earth and Ourselves with Qi Gong

VCE-SU25-103 ■ Wed ■ 7/9/2025 - 7/30/2025  
Verde I-137 ■ 8:30am - 9:45am

Is the heat getting to you? Do you want to be moving your body but it's too hot out? Come to the Clarkdale Campus of Yavapai College and engage in a class of flowing movements that are designed to not only open healing pathways in the body, but also return healing energy to the earth. Healing sounds that assist organs to find their balance will be taught as well as different meditations. The Four Sacred Elements [Earth, Air, Fire, Water] will be woven into the practice. Most people are familiar with Tai Chi, which is slowed down martial arts; but Qi Gong is a healing system designed to heal you from the inside out by focusing on movements that unlock stress and stuck energy from your organs, bones and tissues, and includes movements that participants generally find easy to recall.

**Rita Faruki ■ \$87**