# Prostate Cancer Screenings

No-Cost Prostate Cancer Screenings for Benefit Eligible Employees & Spouses of YCT



## **Hosted by: Yavapai Combined Trust**

Friday - September 18th, 2020

7:00am - 2:00pm

Saturday - September 19th, 2020

8:00am - 12:00pm

201 S. Montezuma Street Prescott, AZ 86303

## Corner of Goodwin & Montezuma Street

(Mobile Unit on-site times are subject to change based on scheduled appointments)



Appointments are required - Call to schedule your appointment today! 480-964-3013 or 1-800-828-6139



## **Prostate Cancer Screenings Includes the Following:**

PSA (Prostate Specific Antigen) Blood Draw
DRE (Digital Rectal Exam)
Testicular Exam
Board Certified Urologist Consultation



If you are not covered by Yavapai Combined Trust, we accept the following insurances:

AETNA/Blue Cross Blue Shield/Cigna/Health Net/United Health Care

Do Not Have Insurance? – Cost is \$81, due at the time of service. Medicare is NOT covered.

# PROSTATE CANCER FACTS



### **National Statistics:**

- After skin cancer, prostate cancer is the most diagnosed cancer in American men and the second leading cause of cancer death.
- Prostate cancer is twice as common and has more than twice the mortality rate in African-American men as it has in Caucasian men.
- Approximately 232,090 new cases of prostate cancer will be diagnosed in the U.S. That represents one man diagnosed with prostate cancer every two minutes.

• Approximately 31,800 men will die from the disease. That represents one man dying every seventeen minutes.

• The lifetime probability of developing prostate cancer is 1 in 6.

#### **Arizona Statistics:**

- 3,900 new cases and 550 deaths.
- After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men.

## According To "POP"

- All men 40 years of age should have an annual digital rectal examination (DRE).
- All men 40 years and older should be offered a prostate specific Antigen blood test (PSA) annually by their doctors. If not offered, men should request information about this test and insist on having a PSA evaluation.
- Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test Annually *starting at age 37*. If not offered, these men should request in formation about this test from their doctors while mentioning their family history or racial risk and request that these exams be done.
- The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is 100%, while the 5-year survival rate for those men diagnosed with advanced cancer is only 34%.
- Prostate cancer often develops without symptoms. Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families. *Know what your PSA numerical result is every year.* Do not accept: "your PSA is normal". Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.