Insurance Changes

March 20, 2020 Updated April 14, 2020 (updates in red)

Today's issue focuses on some insurance updates in response to COVID-19.

UPDATES

Group health plans and insurers must provide coverage for, and not charge any cost sharing for, the following services:

- Diagnostic tests to detect the virus that are approved or authorized by the FDA, including the administration of such tests
- Items and services furnished to individuals during provider office visits (whether in-person
 or via telehealth), urgent care visits and emergency room visits that result in an order for or
 the administration of the test described above, but only to the extent such items or services
 relate to the furnishing or administration of the test or the evaluation of whether the
 person needs the test

TELADOC

- Teladoc is now available for free for ALL YC health plans, including the HDHP and \$49 for non-insured employees.
- For employees on the HDHP, Summit is now set-up to "reimburse" Teladoc services prior to meeting your deductible if you or a family member seek assistance/guidance for potential COVID-19 symptoms. This fee waiver will be in place until we are no longer considered pandemic or the AZ Health Emergency is lifted.
- If you incur a fee for Teladoc services related to COVID-19 symptoms, please send your receipts to your HR Business Partner, and we will submit them to Summit on your behalf.
- Teladoc is prepared to <u>respond to patients regarding COVID-19.</u>
- Get started at https://www.teladoc.com/

OPTUMRX

- OptumRx is now allowing members to refill their maintenance medications early to ensure they have an uninterrupted supply of medication during the COVID-19 threat.
- OptumRx's policy includes the following:
 - OptumRx members with active eligibility may obtain an early refill of their prescription medications if they have refills remaining on file at a participating retail or mail-order pharmacy.
 - The refill obtained will stay consistent with the standard days supply previously filled by the member as allowed by their plan (e.g., 30 or 90 day supply).
 - This refill too soon waiver will be continuously evaluated to determine the appropriate duration based on CDC guidance, Federal and State declarations, and other relevant data.

- o This policy is in effect for all regions and states covered by OptumRx.
- If you have any questions or need additional assistance, contact Nicole Bianchi at 612-428-6685
- Login at https://www.optumrx.com/public/landing

EMPLOYEE ASSISTANCE PROGRAM (JORGENSEN BROOKS GROUP)

- Available for **ALL EMPLOYEES**: virtual/video, confidential, free help and counseling available for anxiety, stress, depression, relationship, and other issues
- More information and how to schedule your appointment available online